



Coastal Trek Health & Fitness Resort Joins Destination Spa Group as Associate Member

September 2006 – Destination Spa Group (DSG) is pleased to announce that Coastal Trek Health & Fitness Resort, has recently been accepted as an Associate Member. Full membership will be established once Coastal Trek Health & Fitness Resort has been in business for two years. The spa joins the prestigious group of 24 Destination Spas from around the world, expanding the organization.

Founded in 1997, Destination Spa Group is an industry association of Destination Spa owners who are dedicated to educating the public about the lasting benefits of a true Destination Spa vacation and defining the Destination Spa experience. Spas must meet specific criteria for membership and be committed to providing a health renewing experience.

The mission of DSG is to encourage healthier lifestyles by educating the public about the unique wellness and self-improvement opportunities of destination spas and to help consumers make an informed choice leading to an optimal spa vacation experience with lasting benefits. Destination Spa Group has established three tools to help consumers and travel professionals select the best possible healthy vacation destination:

www.destinationspas.com, *Destination Spa Vacations®* magazine, and a toll-free referral line (888-772-4363).

Coastal Trek Health & Fitness Resort, like all Destination Spa Group members, offers a complementary balance of fitness, healthy spa cuisine, life enhancing programs and relaxation. Located on Vancouver Island British Columbia, Coastal Trek is situated right next door to the province's oldest park Strathcona Provincial Park. This provides access to unlimited world class hiking opportunities.

For more information about Coastal Trek Health & Fitness Resort or Destination Spa Group, call 1-888-772-4363 or visit www.destinationspas.com.

About Destination Spas™:

Only a select group of Destination Spas follow the tradition of the true Destination Spa – where the total environment is dedicated to health and life enhancement. The experience is transforming – a full immersion into healthy and joyous living. Guests come for the structured and personalized programs that blend fitness activities, healthy cuisine, wellness education, discovery classes, relaxation and renewal. Guests leave enriched for life.

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